

Grit 'n' Grace

GOOD GIRLS BREAKING BAD RULES



DIGGING DEEPER *Devotional*

Episode #136

When You Need to Leave Your Comfort Zone



When You Need to Leave Your Comfort Zone

Devotional Verse

Psalm 18:19

"He brought me out into a spacious place. He rescued me because he delighted in me."

Bad Rule

"We're staying here...because it's familiar."

Focus on the Truth

"We're following Jesus into a new space."

Devotional Quote

"The cure for control is surrender." -Cheri Gregory

Digging Deeper

1. Do you have a hard time saying "no"?

2. How can we balance our wants and needs while teaching our kids this balance as well?

3. Do you take time at the end of each month and year to stop and reflect on life, and refocus on things?

4. What are some things you need to surrender to this year?

5. What are some new habits you want to start this year?

Devotional Prayer

God,

Thank you for your wisdom through the Holy Spirit, and knowing when to reflect and surrender things to you.



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