

Grit 'n' Grace

GOOD GIRLS BREAKING BAD RULES



DIGGING DEEPER *Devotional* Episode #124

Episode #124: Moving Out of Your Comfort Zone (and Loving It!)



Moving Out of Your Comfort Zone (and Loving It!)

Devotional Verse

Phil. 4:13 NLT

"For I can do everything through Christ, who gives me strength. "

Bad Rule

I'm too small for big things.

Focus on the Truth

I'm empowered by our big God.

Devotional Quote

"When we say, 'I can do everything through Christ,' that's the focus that helps us to get jolted out of our status quo."

~Amy Carroll

Digging Deeper

1. In which areas of your life do you stay in your comfort zone?

2. Amy compares perfectionism to water torture, saying it's a slow drip that kills the soul. Have you ever thought of perfectionism in this way before?

3. Has unhealthy perfectionism ever led you toward damaging actions in your relationships?

4. What is something that annoys you that God might be calling you closer toward?

5. Is there an unrecognized need in your life with your name on it?

Devotional Prayer

Dear Jesus,
Thank you for calling us to unknowns
so we can know how to better trust in you.
Amen.



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