**"What words are helpful for you to hear when you've made a mistake?"**

1. There’s always grace.
2. I've done the same thing.
3. It might sound trite but, “That’s ok” is very comforting to me.
4. Sometimes the tone speaks as much to me as the words. When someone is externally calm, it's easier for me to accept grace at my mistake.
5. Mistakes are lessons—learning opportunities.
6. It's only a thing. (If it involves destruction of property)
7. I can understand how someone would do that. I’ve done it too.
8. I've been there.
9. This doesn't define you.
10. Wanna talk it out?
11. That’s happened to a lot of us.
12. Let’s make a plan.
13. NOT my name. I hate it when people use my name like, "Oh, Cheri." or "OH,Cheri." Or "OH, CHERI" I do not want to hear my name when I mess up.
14. I have been there and it's okay. These things happen.
15. You are forgiven by God. Pick yourself up and keep moving.
16. No worries!
17. Oftentimes it's more about tone and body language than words themselves. I loathe when someone tries to crack a joke about it, or acts like they would never make that mistake because they're somehow superior, because it usually makes me feel worse.
18. Everything is going to be ok.
19. God is in control & He will work through this with me.
20. God is Good.
21. All is grace.
22. We all make mistakes. It's ok.
23. I like the person to first say something to put things in perspective because I usually freak out when I’ve made a mistake that impacts someone else. Example, “There’s a mistake I want to bring to your attention but it’s totally fixable and not a big deal in the grand scope of life....here’s what to do differently next time.”
24. Just being reassured that they don't look down on me helps.
25. Having someone willing to just jump in and help undo or correct the mistake ("let's fix this together"), without that "step aside so \*I\* can show you how to do it right" attitude helps.