

Grit 'n' Grace

GOOD GIRLS BREAKING BAD RULES



DIGGING DEEPER *Devotional* Episode #116

How to Stop Trying Harder and Start Living Better



How to Stop Trying Harder and Start Living Better

Devotional Verse

Hebrews 4:1 NIV

"Therefore, since the promise of entering his rest still stands, let us be careful that none of you be found to have fallen short of it."

Bad Rule

Our value is earned from striving.

Focus on the Truth

We are already valued because of how much God loves us.

Devotional Quote

"Growth and grace are the messiest areas we can be in. But we have to engage in the mess in order to do the things that are worthwhile."

~Kathi Lipp

Digging Deeper

1. When have you said yes when you shouldn't have?

2. What does striving look like in your life?

3. How does comparison separate us from our community?

4. How does contentment allow us to serve others with more joy?

5. How can you begin using your gifts to serve and not strive, even in unseen ways?

Devotional Prayer

Dear Jesus,
Thank you for how much you love us, and for allowing us
to find our value in your love for us.
Amen.



Join the Grit 'n' Grace Girls Community @GritNGracePodcast