

Grit 'n' Grace

GOOD GIRLS BREAKING BAD RULES



DIGGING DEEPER

Discovery

Episode #109

Being a Loved Daughter Who Does All the Things



Being a Loved Daughter

Who Does All the Things

Discovery Verse

Ephesians 2:8-9 (ESV)

For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast.

Grow Your Grit

Our value comes from how well we serve others.

Embrace God's Grace

Our value comes from how much Christ loves us.

Discovery Quote

"If you love a to-do list, you are a modern Martha."
~Katie Reid

Digging Deeper

1. Katie mentioned if you love checklists, you are a Martha. Does this describe you?

2. What is the “what if” you are currently dealing with?


3. How can we use the “Street Light Strategy” each day to manage what we should say yes to?

4. Is striving versus slowing a difficult balance for you?

5. How can you implement rest each week, even when your schedule feels too busy?

Discovery Prayer

Dear Jesus,
Thank you for showing us the importance of embracing rest through your encounter with Martha. Please show me what to prioritize in my daily life.
Amen.

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