

Grit 'n' Grace

GOOD GIRLS BREAKING BAD RULES



DIGGING DEEPER *Devotional* Episode #100

Dealing with Deep Disappointment with Heavenly Hope



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Devotional Verse

Isaiah 55:8

“For my thoughts are not your thoughts, neither are your ways my ways,” declares the Lord.”

Bad Rule

I can't accept what I can't understand.

Focus on the Truth

I can trust God's plan when I don't understand.

Devotional Quote

“No matter how much you get to a place of acceptance, the ghost of grief is still there.”

~Amy Carroll

Digging Deeper

1. Can I look back on any major disappointments and see blessings?

2. Am I honest with myself about disappointments?

3. Am I honest with God about my disappointments?

4. How can I use hindsight and wisdom to help with perspective in a current disappointment?

5. How can I honor my emotions and take action?

Devotional Prayer

Dear Jesus,

Amen.



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