

Grit 'n' Grace

GOOD GIRLS BREAKING BAD RULES



DIGGING DEEPER *Devotional*

Episode #96

The Amazing Happy Reward from Studying Our People



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Devotional Verse

2 Corinthians 12:9

"My grace is sufficient for you for my power is made perfect in weakness, therefore I will boast all the more gladly about my weaknesses so that Christ's power may rest on me."

Bad Rule

Good relationships don't require work.

Focus on The Truth

Creating good relationships requires thoughtful work.

Devotional Quote

"Growing a relationship takes paying attention and being intentional to keep them thriving."

~Amy Carroll

Digging Deeper

1. How do I define “emotional temperature” so that I can use that as a tool?

2. Who can I intentionally study today?

3. After studying: what did I learn about our relationship?

4. Personality categories and what they need:

- 1. Expressive (fun, attention, approval)**
- 2. Analytic (perfecting and sensitive)**
- 3. Drivers (achievement, appreciation)**
- 4. Amiable (peacemaker, conserve energy, self-esteem)**

Based on this understanding, reflect below on family or important people:

Devotional Prayer

Dear Jesus,

Help me to learn and know the people in my life. I want to create loving and strong relationships. It has to begin with me, so help me to begin. Open my eyes, ears and heart to really study, learn and apply what I've learned to better care for those I love.

Amen



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