

# Grit 'n' Grace

GOOD GIRLS BREAKING BAD RULES



## DIGGING DEEPER *Devotional*

Episode #94

Releasing Your Life to the Author of Your Story



## Releasing Your Life to the Author of Your Story

### Devotional Verse

Isaiah 41:10 NIV

"So do not fear, for I am with you; do not be dismayed,  
for I am your God. I will strengthen you and help you;  
I will uphold you with my righteous right hand."

### *Bad Rule*

I control life to make things better for me and for everyone else.

### *Focus on The Truth*

When I let go of control, life is better for me and for everyone else.

### Devotional Quote

"Jesus is the Author of my story. I don't have to control everything  
that happens in the future, because He's got that taken care of."

~Cheri Gregory

## Digging Deeper

1. Neediness is normal and good. I need....(complete this sentence)

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2. God's power + my weakness =

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3. How do I numb my neediness?

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4. Giving up control will not come easily, but it can happen. Today, I lay down...

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5. After listening, what can I challenge myself to change now?

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## Devotional Prayer

Dear Jesus,  
Please help me to understand what it means to die to self.  
I need help letting go of control. I need your help to know  
and change the unhealthy parts of me.  
I want to be closer to you and farther from me. Amen



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