

Grit 'n' Grace

GOOD GIRLS BREAKING BAD RULES



DIGGING DEEPER *Discovery*

Episode #93

Giving Up Control When You Want to Manage It All



Giving Up Control

When You Want
To Manage It All

Discovery Verse

Luke 22:42

"Father, if you are willing, take this cup from me;
yet not my will, but yours be done."

Grow Your Grit

Letting go of control feels frightening.

Embrace God's Grace

Perfect love casts out fear. Love is the antidote to control.

Discovery Quote

"We need to be comfortable with our limitations and live with the fact that God designed us to be needy. God designed us to be ultimately dependent on Him." ~Shannon Popkin

Digging Deeper

1. God wants us to have limits. Where is God trying to get me to be more dependent on him?

2. God designed me to be needy. How do I feel about that?

3. How can I relate to Leah in the Bible?

4. Who currently gets to define my worth?

5. What one step can I take today to place my life in God's hand?

Discovery Prayer

Sweet Jesus, How do I let go of control? Where is it holding me back?
I am open to change, and surrender but I need your help.
I admit it feels so scary but I want the freedom you promise,
so today I take a step toward vulnerability knowing you are right here
to comfort and encourage me. Amen!



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