

Grit 'n' Grace

GOOD GIRLS BREAKING BAD RULES



DIGGING DEEPER *Devotional*

Episode #86

Creating More Joy by Embracing Your Death Sentence



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Devotional Verse

Psalm 91:2

"I will say of the Lord, 'He is my refuge and my fortress,
my God, in whom I trust.'"

Bad Rule

Life is limitless.

Focus on the Truth

Life's limits compel us to truly live.

Devotional Quote

"Grit is looking death in the face and saying,
'Life eternal is what's next.
But while I live here I'm gonna leverage every limit.'" ~Amy Carroll

Digging Deeper

1. If I were given 6 months to live, what would I do differently?

2. "God is good no matter what happens to me." How does this impact me?
What is my reaction?

3. How can I embrace spontaneous joy daily?

4. How do I live a life less burdened by fear, while also understanding my mortality?

5. What can I do intentionally TODAY in my life to move toward a life well lived?

Grow Your Grit

All of us have a terminal illness called life.

Embrace God's Grace

Every day God gives us a fresh start to live with intentionality.

Devotional Prayer

Dear Jesus, Thank you for your stubborn pursuit of me.
Would you help me to think of life in terms of intentional priorities?
I want to live a life well lived for your glory. Some of this
feels overwhelming. Will you show me where to begin?
You are amazing, and I surrender to you. Amen



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