

Grit 'n' Grace

GOOD GIRLS BREAKING BAD RULES



DIGGING DEEPER *Devotional*

Episode #72

How to Navigate the Stickiness of Parenting Adults



How to Navigate The Stickiness of Parenting Adults

Devotional Verse

Proverbs 29:23 (NIV)

Pride brings a person low, but the lowly in spirit gain honor.

Bad Rule

If I follow the formulas, my kids will make the choices I expect.

Focus on The Truth

My adult children make their own choices.

Devotional Quote

"We need to ask ourselves the question, 'How can we honor God?' when what we expect and what we get are so very different."

~Cheri Gregory

Digging Deeper

1. Is “why” my default question? Do I also wonder to “why me?”

2. How can I honor God in challenging situations with my children?

3. What “formulas” am I relying on in my parenting? How can I let go and honor God?

4. Do I have friends who will sit with me in the grief? Is there someone I can serve in this way?

5. What can I use as a trigger for prayer in my life?

Grow Your Grit

My expectations will often be unmet.

Embrace God's Grace

God gets the glory and relationships can grow if I can let go.

Devotional Prayer

Dear Jesus, would you help me let go?
Remind me of your faithfulness. Help me to see things
from your perspective. Do a work in me to step toward your grace.
Bring people to me who I can trust for support
and create in me a heart that others can trust.
Amen



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