

Grit 'n' Grace

GOOD GIRLS BREAKING BAD RULES



DIGGING DEEPER

Discovery

Episode #71

Making a Way Home: Embracing Our Messy Parenting Journey



Making a Way Home:

Embracing Our Messy
Parenting Journey

Discovery Verse

Joshua 1:9 (NIV)

"Have I not commanded you? Be strong and courageous.
Do not be afraid; do not be discouraged,
for the Lord your God will be with you wherever you go."

Grow Your Grit

Balancing grace and truth is so hard.

Embrace God's Grace

Jesus is our example and he gives us multiple chances.

Discovery Quote

"We think that if we put in all the good parenting stuff,
then the final result will be the child that we expect to have."

~Lori Wildenberg

Digging Deeper

1. We want to know why...but the better question I need to ask is...?

2. Boundaries I need to set regarding my own values and convictions are:

3. Here is how I plan to follow through with these boundaries:

4. What will help me stay healthy in other relationships while I'm struggling as a parent?

5. Do I have a healthy support system? If not, what changes will I make?

6. How do I reframe my situation with my child to be more helpful and healthy?

Discovery Prayer

Dear Lord Jesus,

Help my mind and heart that hurts. When my mind starts fixating on the issue, please remind me you are with me and you are in control.

I don't have to fix anything but my own heart. Forgive me when I try to be the Jr. Holy Spirit and help me yield to you instead.

Amen.



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