

# Grit 'n' Grace

GOOD GIRLS BREAKING BAD RULES



## DIGGING DEEPER *Devotional*

Episode #68

How to Serve With a Heartfelt Smile



## How to Serve With a Heartfelt Smile

### Devotional Verse

Phil. 2:3-4 (NIV)

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.

### *Bad Rule*

I have to meet everyone's needs perfectly.

### *Focus on The Truth*

By being present and listening I can meet the needs I am called to meet.

### Devotional Quote

"With serving, it's not all about me. But while I'm serving, I'm 100% me." ~Cheri Gregory

## Digging Deeper

1. How can I assess my motives when it comes to people pleasing vs. serving?

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2. Here are some indicators that in my heart I'm serving others selflessly:

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3. What is the difference between being 100% about me vs. being 100% me?

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4. Do I tend to respond to heart drop moments with any of these? Overthinking? Rationalizing? Doubting? Questioning? Or...

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5. What has it felt like when someone is completely present with me?

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6. One proactive thing I can do today to be ready to respond with kindness is...  
(like Cheri getting addresses and stamps):

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(If you are stuck here pick one thing from the resource links listed in the show notes)

## Devotional Prayer

Dear Jesus, I do have a heart to be kind and serve.  
Please help me get out of my own way to become more like you.  
Open my eyes and ears to the heart drops you place in my path  
and help me respond quickly, imperfectly but kindly.  
Thank you for your grace as I grow. Amen.



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