

Grit 'n' Grace

GOOD GIRLS BREAKING BAD RULES



DIGGING DEEPER *Discovery*

Episode #65

Finding Your Confidence:
Using Your Hardest Days to Find Your Strongest Self



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Discovery Verse

Matthew 5:14 (NIV)

"You are the light of the world.
A town built on a hill cannot be hidden."

Grow Your Grit

Confidence takes daily action and choice and tremendous vulnerability.

Embrace God's Grace

God is with us, so who can really be against us?

Discovery Quote

"The heart of confidence is believing that there's a place for you here and believing that your light can shine because you have it in you." ~Tricia Lott Williford

Digging Deeper

1. As you listened, what painful time in your past came to mind? Who or what was your “Mrs. Wretched?”

2. How did that story in your life impact you and your confidence?

3. What take away can you see and live out NOW in hindsight?

4. What critics do you need to silence in your life? (Who does not get to come to your "dinner table?")

5. What are some characteristics hidden or small in me that can be prayed back to life?

6. Today, what part of my story can I validate and step into?

Discovery Prayer

Dear Jesus,
Being all in, being all of me feels scary and vulnerable.
But I see now that I am precious to you and my story
is meant to be shared. Be my confidence, Lord, and show me the path
and the people that belong at my dinner table.
Thank you that you are always there!
Amen.



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