

Grit 'n' Grace

➡ GOOD GIRLS BREAKING BAD RULES ➡

Digging Deeper Discovery

Episode #45





Developing a Friend Network

Healthy Friendships for All Seasons of Life

Discovery Verse

Proverbs 12:26a

"The righteous choose their friends carefully..."

Grow Your Grit

God will give and take away relationships. We will go through seasons of friendship and sometimes they will hurt us or we will hurt others.

Embrace God's Grace

God will not leave us to be alone. He will place people in our path if we seek His wisdom.

"Lord let me see the one who I've got standing in front of me, not just the one I want to be friends with." ~Mary Snyder

Digging Deeper

1. How has perfectionism hindered genuine friendships?

2. Do I feel lonely? Who might be God be putting right in front of me?

3. Who are in my network of friends and what are their roles in my life?

4. Are there unhealthy friendships that I need to give to God?

5. What season am I in right now? What do I have to give to friendships and what do I need to receive?

Prayer

Sweet Jesus, Open my eyes and heart to your direction. Build my girlfriend network for this season in my life. I give you permission to interrupt my life and rearrange relationships because I want to live in your plans. Lead me to my network and may you be glorified in it! In your son's name, Amen

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Notes

