

I am full of  
anticipation

peace  
joy  
rest

"Hope does not  
disappoint."

"God  
is doing  
something  
wonderful!"

I have  
hope

4

I open  
my hands  
my heart  
my mind

"He is God,  
I am not."

the  
Hope  
cycle

2

I  
face it

"His will,  
not mine."

I trust  
God's love  
God's plan  
God's word

3

I  
surrender